



# PACKING LIST



Please bring the following items and ensure they are all labeled with the camper's name:

1. Clothing for warm days and cool nights, including long pants for evenings around the campfire
2. 1 complete change of clothes that can get wet & dirty during games
3. Bible
4. Jacket
5. Hat
6. Rain gear
7. Water bottle
8. Swimsuit/towel
9. Shower towel, toothbrush, and other personal toiletries
10. Sunscreen and insect repellent
11. Proper footwear for hiking and sports
12. Shoes to wear in the river (must be a pair that cannot fall off i.e. runners)
13. Sleeping bag and pillow
14. Notebook and pen
15. Medications (ex: epipen, etc. Please see our Medical Form for more info)
16. Clothing for theme nights (email will be sent with more info)

## Optional Items:

1. Life jacket (Salem Acres provides life jackets for all campers who need them)
2. Dress or nice clothes for banquet night
3. Flashlight & spare batteries
4. Daypack
5. Camera (you will NOT be allowed to have your phone to use as a camera), musical instrument, etc.

We ask that all campers and staff dress modestly and appropriately while at Salem Acres Bible Camp, so please pack accordingly.

## DO NOT BRING:

Personal electronic devices (iPods, Video Games, cellphones, etc), pets, tobacco products, alcohol, drugs, junk food or extra snacks (unless on a restricted diet), money or other valuables, short shorts/skirts, halter tops or bikinis





# STEP



**Please bring the following items and ensure they are all labeled with the camper's name:**

1. DO NOT BRING COTTON CLOTHING ON OUTTRIP
2. Base layer (long underwear and thin long-sleeved shirt NOT cotton)
3. Long pants (quick dry NOT denim or cotton)
4. Sleeping bag (should be lightweight and warm)
5. Sleeping pad (closed cell foamy or Thermarest)
6. Headgear (sun hat, toque, bandanna)
7. Sunglasses
8. Raincoat (waterproof (NOT the same as water resistant) and breathable)
9. Wool or fleece sweater(s)
10. Swimwear and towel, shoes to wear in river
11. Headlamp (recommended) or flashlight, and 1 spare set of batteries
12. 2 or more water bottles (at least 2L combined)
13. Bug spray and sunscreen
14. Shoes for river
15. Shoes for campsite
16. Backpack

## **Optional Items:**

17. Lifejacket (camp has some, but your own is nice)
18. Pocket knife/Leatherman
19. Drybag
20. Rain Pants