

PACKING LIST



Please bring the following items and ensure they are all labeled with the camper's name:

1. Clothing for warm days and cool nights, including long pants for evenings around the campfire
2. 1 complete change of clothes that can get wet & dirty during games
3. Bible
4. Jacket
5. Hat
6. Rain gear
7. Water bottle
8. Swimsuit/towel
9. Shower towel, toothbrush, and other personal toiletries
10. Sunscreen and insect repellent
11. Proper footwear for hiking and sports
12. Shoes to wear in the river (must be a pair that cannot fall off i.e. runners)
13. Sleeping bag and pillow
14. Notebook and pen
15. Medications (ex: epipen, etc. Please see our Medical Form for more info)
16. Clothing for theme nights (email will be sent with more info)

Optional Items:

1. Life jacket (Salem Acres provides life jackets for all campers who need them)
2. Dress or nice clothes for banquet night
3. Flashlight & spare batteries
4. Daypack
5. Camera (you will NOT be allowed to have your phone to use as a camera), musical instrument, etc.

We ask that all campers and staff dress modestly and appropriately while at Salem Acres Bible Camp, so please pack accordingly.

DO NOT BRING:

Personal electronic devices (iPods, Video Games, cellphones, etc), pets, tobacco products, alcohol, drugs, junk food or extra snacks (unless on a restricted diet), money or other valuables, short shorts/skirts, halter tops or bikinis





Required:

(You must have these items with you when you start the program)

1. Bible
2. Hiking boots (must support ankle, **REQUIRED DAY 1 OF PROGRAM**, gaiters are optional, but nice)
3. Hiking backpack (it must fit you; internal or external frame; must have hip strap)
4. Hiking pants (nylon/polyester/softshell etc. **NOT jeans**)
5. Sleeping bag (should be lightweight and warm)
6. Sleeping pad (closed cell foamy or Thermarest)
7. Headgear (sun hat, toque, bandanna)
8. Raincoat (waterproof (**NOT the same as water resistant**) and breathable)
9. Wool or fleece sweater(s)
10. Swimwear and towel, **shoes to wear in river**
11. Running Shoes (for running in)
12. Headlamp (recommended) or flashlight, and 1 spare set of batteries
13. 2 or more water bottles (at least 2L combined)
14. Bug spray and sunscreen

Recommended Items:

(If you bring these, you'll probably use them and be glad you brought them)

1. Daypack (i.e. backpack/schoolbag that can be used for a day-hike)
2. Alarm clock (phones and iPods will not be allowed)
3. Rain pants!!!
4. Extra bedding (for on-site time, so you don't have to use your out-trip sleeping bag everyday)
5. Footwear for wearing at a campsite (runners/crocs/flip-flops/slippers, etc.)

Optional Items:

(People have brought these and used them)

1. Mountain bike or unicycle
2. Sunglasses
3. Camera
4. Cigarette lighter (for starting campfires)
5. Duct tape
6. Musical Instruments
7. Archery equipment
8. Leatherman multi-tool/Swiss army knife
9. Hammock!
10. Climbing shoes for camp bouldering wall
11. Any other outdoor equipment you use